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## Week of May 5, 2014

*The official employee newsletter of CSI since 1998*

**For off-campus & retired employees: Subscribe to the eNotes [Listserv](#)**

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### 19th Annual Employee Family Spring Picnic is May 20

The picnic will be Tuesday, May 20 from 5:30-7:30 in the SUB. Hamburgers, hot dogs, fish, desserts and drinks will be provided. Attendees are asked to bring a large side dish to share. There will be a bouncy house, door prizes, and a 50/50 drawing.

Jan Carpenter  
FSDC Chair

### See Top 5 Employers In Your Idaho County

By **Emilie Ritter Saunders**



Exactly half of Idaho's top employers in each of its 44 counties are private businesses, while the other half are government entities. That's a change from 2012 when we reported on the same data. Then, the top employers in 28 counties were public and 16 were private



Data that companies submitted to the Idaho Department of Labor in 2013 show the top five employers in all 44 counties, and how many people each employs. The department collects this data from most, about 95 percent, of Idaho employers.

In Twin Falls the top 5 employers by size are:

1. ST LUKE'S MAGIC VALLEY REGIONAL MEDICAL CENTER: 2,000 - 2,099
2. PERSONNEL PLUS INC: 1,200 - 1,299
3. TWIN FALLS SCHOOL DISTRICT #411: 1,000 - 1,099
4. COLLEGE OF SOUTHERN IDAHO: 800 - 899
5. CONAGRA FOODS LAMB WESTON INC: 600 - 699

[Find other counties and learn more online>>](#)

### Mind Your Health – May is Mental Health Month

Wellness is defined as “an active process of becoming aware of and making choices towards a more successful existence.” Because living a “successful existence” means something different to each individual, wellness can be many things, but it generally includes the pursuit of health, defined as “a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity” and working towards achieving one’s full potential.

Learn about ways to improve your health:

- [Social Support: Getting and Staying Connected](#)
- [Healthy Diet: Eating with Mental Health in Mind](#)
- [Supplements: Weighing Benefits and Risks](#)
- [Stress: Coping with Everyday Problems](#)
- [Rest, Relaxation and Exercise](#)
- [Alcohol Use and Abuse: What You Should Know](#)
- [Finding Help: When to Get it and Where to Go](#)

Do something each day of May to work on wellness:


- Download the [Mind Your Health Calendar](#) with daily tips to boost mind and body

Judy Heatwole  
Employee Wellbeing Coordinator

### Herrett Forum: Blood Sport in Ancient America



Imagine two teams of athletes competing against each other on a large court with a fast-moving, solid rubber ball. Spectators cheer as players on each side of the court are battered, bloodied, and sometimes even killed by the ball or by each other. Ultimately, the captain of the defeated team is beheaded! Though it may sound like a modern video game, the ‘rubber ball game’ was a real blood sport played for

 some 3,000 years in what is now Central America. Burley native, Dr. John E. Clark will talk about it at the next Herrett Forum at 7:30 p.m. Wednesday, May 14.

Clark, a professor at Brigham Young University, is a noted expert on Mesoamerican archaeology and culture having studied the area extensively since the mid-1970's. His Herrett Forum presentation, 'Blood Sport in Ancient America,' chronicles the ancient rubber ball game up through our modern-day obsession with often violent competitive sports.

The Herrett Forum is a monthly series of presentations generally held the third Wednesday evening of each month during the school year. Topics are coordinated by the Herrett Forum Committee, a group of community individuals dedicated to bringing high quality presentations to Twin Falls. No tickets are required for this free public lecture. Doors open at 7 p.m. The Herrett Center for Arts and Science is located on the north side of the College of Southern Idaho campus at the North College Road entrance.

Doug Maughan  
Public Relations Director

### Congratulations to Mini Grant Recipients!

The CSI Foundation is pleased to announce that over \$31,000 in Mini Grant funds have been awarded to applicants for the following projects:

- Microscope, microscope camera and smart TV for Veterinary Technology Clinic – Chani Christensen
- Display for captive observation of aquatic and terrestrial specimens – Carrie Espasandin
- Commission of new piece of music utilizing newly-acquired glockenspiel – Scott Farkas
- Ballistic body armor vests for Law Enforcement program – Don Hall
- Tablets and cases for students to use in manufacturing tech classroom – Ben Hamlett
- Development of a Remedial Open Online Course to provide students with a learning path to advance their math readiness level – Lynn Irons
- Equipment for outdoor recreation program – Jonathan Lord
- Simulation injection pads and phlebotomy arms for medical assistant program – Kara Mahannah
- Outdoor playground equipment for CSI Toddler Lab – Aubrie McArthur
- Development of Agriculture Management course into an online format – Barry Pate and Dawn Wendland
- Keynote speaker for Snake River Association for the Education of Young Children conference – Jennifer Patterson
- Streaming rights for digital communication films – Tiffany Seeley-Case
- Cases for iPads used in communication courses – Tiffany Seeley-Case
- Registrations for collaboration of CSI and high school students to participate in FIRST Robotics competition – Jay Sneddon
- Recorded video lectures for Information Technology program – RD Van Noy

Debra J Wilson  
Executive Director

### Spring Retirees Choose Smaller Department-Based Celebrations



This spring we will celebrate with eight retiring employees, but not with a large collective party. Our retirees have chosen smaller



party. Our retirees have chosen smaller celebrations based within their own departments instead. News of those celebrations will be made known by the departments themselves.

Feel free to send your best wishes to each of these awesome retiring employees and thank them for their many years of dedicated service to the college, our students and community, and their colleagues. We have been made better for the time and talent of these many individuals.

- Debi Klimes – 40 years
- Carson Wong – 34 years
- Bruce Bennett – 33 years
- Karen Griffith – 30 years
- Lee Ann Hagan – 27 years
- Margaret Peck – 13 years
- Jose Vazquez-Hernandez – 13 years
- Susan McFarland – 11 years

### Sale: Herrett Center Gift Shop Celebrates Mother's Day

Come shop the MOTHER'S DAY SALE at the Herrett Center Gift Shop through Saturday, May 10th. 20% off items over \$5.00 (excluding Meade products). Find the perfect gift from our selection of jewelry, Bill & Sheryl West pottery, Kenyan soapstone, books, bookmarks, moon & sun chimes. Our hours are: Wednesday & Thursday 9:30 am until 4:30 pm, Friday 9:30 am until 9:00 pm, and Saturday from 1:00 pm to 9:00 pm. Make our store the place to stop for great Mother's Day gift ideas!

Carolyn Browning  
Herrett Center Coordinator

### Rare Peregrine Falcon Nears Release after Rehab



By Virginia Hutchins  
[vhutchins@magicvalley.com](mailto:vhutchins@magicvalley.com)

TWIN FALLS • He spent the winter dining on frozen quail, but next week Wiley must hunt again with the steep aerial dives that make peregrine falcons the fastest animals on the planet.

Found injured on the College of Southern Idaho campus in October, the rare peregrine might have been on its way to Central or South America when it clipped an electrical line or collided with a vehicle on Washington Street North. A fractured metacarpal bone — in a critical joint where flight feathers attach — sent it to Coeur d'Alene-area rehabilitator Birds of Prey Northwest for months in an enclosed aviary.

If Wiley's exit exam goes well, the peregrine will fly into the Twin Falls sky Wednesday, May 7, and bird enthusiasts are welcome to watch.

[Learn more online>>](#)

### Donate Items to Support Early Childhood Ed Yard Sale Fundraiser

The Early Childhood Education Program will be holding a Yard Sale on Saturday, May 10th 2014. We are asking for donations of toys, clothes, household items

may 10th 2014. we are asking for donations of toys, clothes, household items, furniture, etc... All donations can be dropped off at the Preschool Lab, 246 Falls Avenue, on Friday May 9th. If you would prefer, we can make arrangements to pick up items. All Proceeds go to support the Early Childhood Education Student Club. Thank you for your support!

Date: Saturday, May 10th, 2014

Time: 8:00 am -7:00 pm

Location: CSI Preschool Lab (246 Falls Ave.)

Contact: Jennifer Patterson ([jpatterson@csi.edu](mailto:jpatterson@csi.edu)) or 732-6884

Jennifer Patterson  
Early Childhood Education

### Ruby Hite also Earns ISU Degree Spring Semester

We congratulate Ruby Hite as she earns her MTD this semester, joining others announced last week by ISU as a new graduate for CSI. Ruby is a Center Supervisor at Head Start. Congratulations, Ruby!

### These CSI Employees Earn BSU Degrees on May 14



We celebrate with our CSI employees receiving degrees from Boise State on May 14th, 2014 at 5:30pm in the Fine Arts Auditorium and wish you all the best in your future careers with the college.

- Erin Nunnelley, Bachelor of Business Administration, General Business\* (Cum Laude honors)
- Jamie Reid, Bachelor of Science, Criminal Justice\* (Cum Laude honors)
- Rosa Lopez, Bachelor of Arts, Social Work
- Heather Blair, Bachelor of Arts, Social Work
- Emily Jolly, Bachelor of Arts, Social Work

*\*Cum Laude (3.5 to 3.74 Grade Point Average)*

Christy Bowman, M.Ed., Ed.S.  
Coordinator, Twin Falls Program

### Join Activities for International Astronomy Day at Herrett Center

A day and night full of events has been planned for this year's International Astronomy Day at the Herrett Center for Arts and Science at the College of Southern Idaho.

Activities will begin at 11 a.m. Saturday, May 10 with make and take astronomy projects, coloring pages, solar viewing, and building and launching of water bottle rockets. Admission to the make-and-take activity center is just \$1 per

person.

The Centennial Observatory will offer safe views of the sun, bright stars, and planets from 11 a.m. to 5 p.m., then reopen for a nighttime star party from 8:45 p.m. to midnight. Targets will include Jupiter, Mars, Saturn, the Moon, and more. All observatory events are free of charge, and weather permitting.

The Faulkner Planetarium will show 'Astronaut' with a live sky tour at 1:30 p.m.; 'Perfect Little Planet' at 2:30 p.m. and 4:30 p.m.; 'Earth, Moon & Sun' with a live sky tour at 3:30 p.m., 'Sea Monsters' at 7 p.m.; and 'Pink Floyd – Dark Side of the Moon' at 8 p.m. Admission prices for the planetarium are \$6 for adults, \$5 for seniors, and \$4 for students.

For more information, contact the Herrett Center at 732-6655, visit the website at [www.csi.edu/herrett](http://www.csi.edu/herrett), or check out the Center's Facebook page.

**Doug Maughan**  
Public Relations Director

### 8 Week Wellness Challenge Ends



Our spring challenge to move more, eat smarter, and live better has ended with 22 teams and over 200 participants – our largest event to date! We are grateful to our captains who made coordination and communication with our many participants both on and off campus

possible and have sent a thank you gift to each! If you haven't received that yet please contact me by email to [jheatwole@csi.edu](mailto:jheatwole@csi.edu) or by calling x6269.

We were especially pleased to welcome teams from the Career and Counseling Center and from Maintenance this spring! Wellbeing @ CSI t-shirts have been ordered for all our completing participants and will be available towards the end of the week and will display our new logo and program name as approved by the Advisory Committee. Captains will distribute the shirts to all their members.

To see these and all our great teams go to our [Wellness @CSI](#) site online.

### Annual Horticulture Club Spring Plant Sale is May 9 - 10

The College of Southern Idaho Horticulture program will hold its tenth annual Spring Plant Sale 9 a.m. to 4 p.m. Friday and Saturday, May 9 – 10 at the new CSI greenhouses on the west side of the campus. This is the Horticulture Club's annual springtime fundraiser.

Just in time for Mother's Day, CSI Horticulture students will sell shrubs, ground cover, spring fertilizer, strawberries, currants, flowering hanging baskets, bedding plants, herbs, xeriscape plants, houseplants, and vertical wall arrangements. Students will also be selling some of their 'project' plants and will be available to give planting and growing tips if needed.

Some of the plants have been started at Moss Greenhouses and Southern Idaho Landscape Center. Others were part of a purchase from the Rock Creek Growers Auction while the majority of plants were propagated in the CSI greenhouse by the Horticulture program.

Students can take cash and checks made out to COHORTS only, no credit or debit cards, please.

Doug Maughan  
Public Relations Director

### Brown Bag Event: Student Celebrations

**When: Wednesday, May 7**  
**Where: Hepworth 176**  
**Time: 12:00-12:50**  
**Topic: *Student Celebrations.***

We are doing things a bit different this week. This is our last Brown Bag event of the semester. Come and bring stories of great things that are going on in your classes. Bring stories of student success and stories of your own success. This has been a fun semester. We have enjoyed getting to know one another and creating relationships with our colleagues from all over campus. (For our colleagues who can't make the 12:00 time, we are working on an alternative time for next semester.)

Bring your own lunch or bring a dish to share in our potluck. I will have plates, napkins, forks.

Evin Fox, Ph.D., Professor

The eNotes is a weekly newsletter containing news and events both on campus and in the community of general interest to CSI employees. Submit your news within the body of an e-mail message (NO FLIERS please) to [eNotes@csi.edu](mailto:eNotes@csi.edu) and enter the word "eNotes" in the subject line. You must include your complete name, job title and contact information. Respond to the eNotes by calling Human Resources at 732-6269 or by e-mail to [hr@csi.edu](mailto:hr@csi.edu).

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